

#### **Course Instructor**

Name	Dr. Mary Fehr, LUT
Telephone	832-465-0885
E-Mail	mfehr@unityhouston.org
Response Time Policy	24 hours

# **Course Description**

In this advanced course, students will review the book, *The Twelve Powers*, by Charles Fillmore, and *PowerUP* by Paul Hasselbeck and Cher Holton. In doing so, they will also review many basic Unity principles. Students' working knowledge of Unity Truth Principles will then be put into practical application in their own lives. Through the use of these Truth Principles, students have the opportunity to learn the Truth and power of their Divinity.

Instructor's Note: Our class will be a safe learning environment for exploration, questions, discussions, and discovery.

#### Instructor Information:

The instructor for this course is Mary Fehr. Mary holds a Ph.D. in Curriculum & Instruction from Texas Tech University, and she is a Licensed Unity Teacher (LUT). Mary has 30+ years of teaching experience in various settings from K-12 schools, higher education, and corporate environments. Mary is currently employed at Unity of Houston as Director of Communications. She is also a Certified Labyrinth Facilitator and a Trained Soul Collage Facilitator.

# **Course Learning Objectives**

By the end of the course, learners will be able to:

- Name and describe the 12 powers both from ego/personality and from Christ Consciousness.
- Explain degeneration, generation, and regeneration and how they apply in your life.
- Demonstrate applications of each of the 12 Powers to enhance your life.

## **Required Text/Readings**

- Hasselbeck, Paul, Holton, Cher. *PowerUp.* Prosperity Publishing House. 2009.
- Fillmore, Charles, *Twelve Powers of Man*. Unity Village, MO: Unity Books.
- Martella-Whitsett, Linda, *Divine Audacity*, Hampton Roads Publishing. 2015.

#### **Course Requirements and Assignments:**

- 1. Complete the required reading before class.
- 2. Participate in class discussions and activities.
- 3. After each class:
  - Complete the "Putting it into Practice" journal activities for that class.
  - Assess your own Powers that were discussed in class, using the Twelve Powers Assessment Tool.
- 4. Read from the texts as you have time.

## For S.E.E. Course Credit:

- 1. Apply for S.E.E. credit through Unity Worldwide Spiritual Institute (uwsi.org) See the S.E.E. Week website for instructions.
- 2. Write a reflection paper (500 words max) on your understanding of The Twelve Powers and how you can use them to enhance your life. You might include reflections on your journal entries and your self-assessments of the Twelve Powers.
- 3. Submit your paper to mfehr@unityhouston.org by March 4, 2022

## **Class Schedule:**

6:00 pm – 8:30 pm

Sunday, Monday, Tuesday and Thursday (no Wednesday Class)

## Abbreviations in the Class Schedule below:

DA = Divine Audacity, by Linda Martella-Whitsett

PU = Power Up, by Hasselbeck & Holton

TP = The Twelve Powers, by Charles Fillmore

Class	Topics/Assignments	Homework
#1 Sun.	<ul> <li>Course Overview</li> <li>Divine Ideas &amp; the Twelve Powers</li> <li>Introduction to the Twelve Powers</li> <li>Powers: FAITH, STRENGTH, WISDOM</li> <li>Putting it into Practice</li> <li>Assessing Your Powers</li> </ul>	<ul> <li>Journal Activity: <ul> <li>Complete "Putting It into Practice" for today's Powers.</li> <li>Assess your powers of Faith, Strength, and Wisdom as they are today.</li> </ul> </li> <li>Read chapters on FAITH, STRENGTH, AND WISDOM IN DA. Check out corresponding information in PU and TP as time allows.</li> </ul>
#2 Mon.	<ul> <li>Raising Consciousness with the Twelve Powers</li> <li>Powers: LOVE, DOMINION, IMAGINATION</li> <li>Putting it into Practice</li> </ul>	<ul> <li>Journal Activity:</li> <li>Complete "Putting It into Practice" for today's Powers.</li> <li>Assess your powers of LOVE, DOMINION, and IMAGINATION as they are today.</li> <li>(continued on next page)</li> </ul>

		Read chapters on LOVE, DOMINION, and IMAGINATION in DA. Check out corresponding information in PU and TP as time allows.
#3 Tue.	<ul> <li>Powers: UNDERSTANDING, WILL, ORDER</li> <li>Putting it into Practice</li> <li>Dynamic Powers</li> </ul>	<ul> <li>Journal Activity:</li> <li>Complete "Putting It into Practice" for today's Powers.</li> <li>Assess your powers of UNDERSTANDING, WILL, and ORDER as they are today.</li> </ul>
		Read chapters on UNDERSTANDING, WILL, and ORDER in DA. Check out corresponding information in PU and TP as time allows.
#4 Thu.	<ul> <li>Powers: ZEAL, RELEASE, LIFE</li> <li>Putting it into Practice</li> <li>The Twelve Powers represented as Women in the Bible (a preview)</li> </ul>	<ul> <li>Journal Activity:</li> <li>Complete "Putting It into Practice" for today's Powers.</li> <li>Assess your powers of ZEAL, RELEASE, LIFE as they are today.</li> </ul>
		Continue reading the textbooks as your curiosity leads you.
		• For course credit: Write reflection paper and email it to <u>mfehr@unityhouston.org</u> by July 7.