

Unity 12 Powers SEE Course 2023

Course Objectives

In this Unity SEE course, students will review each of the 12 powers first taught by co-founder of Unity Charles Fillmore. Emphasis will be on practically utilizing the aspects of each power in daily circumstances; recognizing distinctions between human and spiritual expressions of each power. Students will discover ways to activate each power mentally, physically, and spiritually.

Required Texts

Martella-Whitsett, Linda. *Divine Audacity: Dare to be the Light of the World*. Hampton Roads Publishing (2015).

Recommended Texts

Hasselbeck, Paul, Holton, Cher. *PowerUp*. Prosperity Publishing House (2009).

Fillmore, Charles, *Twelve Powers of Man*. Unity Village, MO: Unity Books.

Student Preparation

In an ideal environment, I would devote two hours of teaching time to each of the powers, making for twenty-six hours of instruction, plus an introductory session. Ten hours of teaching time for which this course is scheduled allows for merely a perusal of each of the 12 Powers. We will travel swiftly and as deeply as possible. Familiarity with the content ahead of time will be of great benefit to you and everyone else. Please read *Divine Audacity* in advance, and have a copy with you to refer to during class sessions.

SEE Credit Assignments

Delivered in a single Pages or Word document.

- In your own words, define each of the 12 Powers (1-2 sentences). Specifically, what spiritual capacities do they represent that can be useful to you? (Max 2 pages.)
- Select one power to study, activate, and cultivate. Submit your reflection about (Max 2 pages)
 - 1) What you did, particularly, to study, activate, and cultivate this power.
 - 2) What effects have you experienced from doing this assignment.

Completed assignments are due no later than **March 10, 2023**. Email in a single *Pages* or *Word* document to linda@ur-divine.com

Course Contents

Session 1

Longing
Intro to 12 Powers
Faith
Imagination

Session 2

Understanding
Will
Zeal

Session 3

Power
Love
Wisdom

Session 4

Strength
Order
Release

Session 5
Life
Next Steps

Instructor



Award-winning New Thought author and Unity minister, Linda Martella-Whitsett teaches that we are here to be the light of the world. Her message promotes humanity's innate capacities with which to respond to life's circumstances in spiritual maturity. After twenty years ministering in Unity communities, in 2017 Linda joined the executive team of Unity World Headquarters at Unity Village (MO), leading Unity's 24/7 global prayer ministry, Silent Unity. She is co-author of the upcoming book, *Discover Your Divinity: A Modern Approach to Affirmative Prayer* (due September 2023).

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