

9 CLASS OPTIONS

All Classes Will Be Hybrid

- SPD 100** Unity Prayer
- SCS 115** Bible Interpretation: Acts to Revelation
- HTS 125** The Twelve Powers
- HTS 140** History of Unity and New Thought
- HTS 105** Metaphysics 1
- SPD 105** Meditation Practices
- SCS 125** The Quantum Christ
- TAS 105** The "I" of the Storm (El ojo del huracán) - en Español
- SCS 100** Bible Overview: Hebrew Scriptures

All classes \$75. If you wish to receive S.E.E. credit, register for credit through UWSI.org as well. (There will be an additional \$45 fee per class.)

To register (and for updated information):
www.unityhouston.org/see

For more information, email
jeck@unityhouston.org
or call **713.580.2620**



2929 Unity Drive,
Houston, Texas 77057
(713) 782-4050
www.UnityHouston.org



S.E.E. CREDIT ELIGIBILITY

**Daytime classes are held between
8:30 AM - 4:00 PM**
(Monday through Friday)
Attendance in all 5 classes is
required to receive S.E.E. Credit.

**Evening classes are held between
6:00 PM - 8:30 PM**
(Sunday, Monday, Tuesday, Thursday)
Attendance in all 4 classes is
required to receive S.E.E. Credit.

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SPIRITUAL EDUCATION & ENRICHMENT WEEK

HYBRID EVENT

You Are The LIGHT In The World!



Rev. Linda Martella-Whitsett
Featured Speaker

February 5 - 10, 2023



**Also Featuring: Rev. Shirley Knight, Rev. Claudia Olmos,
Rev. Jeanmarie Eck, , Rev. Sheila Gautreaux**

With Unity Ministerial Candidate:
Stacy Collins

And Licensed Unity Teachers:
Cris Perez and Dr. Mary Fehr



Spiritual Education and Enrichment Week Winter 2023

All Classes Will Be Hybrid

February 6 - 10 | Monday - Friday | 8:30 AM - 10:30 AM

SPD 100 Unity Prayer

Facilitator: Rev. Linda Martella-Whitsett

Affirmative prayer, including meditation, is the primary spiritual practice in a Unity way of life. Affirmative prayer involves experiencing GOD/Divine Nature and realizing humanity's divine potential, leading toward spiritual maturity in daily living. Enhance or begin a daily prayer practice that includes meditation.

SCS 115 Bible Interpretation: Acts to Revelation

Stacy Collins, Ministerial Candidate

Unity's "maieutic" and metaphysical approach to interpreting scriptures aims to help the interpreter cultivate self-knowledge and make contact with the Higher Spiritual Self, commonly called "Christ within" and "Christ consciousness." Students discover inner spiritual meanings of Christian Scriptures (Acts through Revelation) as they continue to apply the Unity method of interpretation to "the New Testament."

February 6 - 10 | Monday - Friday | 10:50 AM - 12:50 PM

HTS 125 The Twelve Powers

Rev. Linda Martella-Whitsett

Study each of the 12 powers first taught by co-founder of Unity Charles Fillmore. Emphasis will be on practically utilizing the aspects of each power in daily circumstances recognizing distinctions between the common, or only human, and spiritual expressions of each power. Students will discover ways to activate each power mentally, physically, and spiritually.

HTS 140 History of Unity and New Thought

Rev. Shirley Knight

The foundations of Unity as a contemporary movement are explored in its roots in Transcendentalism, Christian Science and New Thought. Students explore Unity's history and original cultural milieu. They have the opportunity to consider the possibilities of Unity as an evolving cultural phenomenon. This historical exploration includes exposure to ideas, beliefs, and philosophies of the main "architects" of this stream of spiritual thought that in some ways has connections back to antiquity.

February 6 - 10 | Monday - Friday | 2:00 PM - 4:00 PM

HTS 105 Metaphysics 1

Rev. Jeanmarie Eck

The first phase for becoming a "metaphysician-practitioner" is learning the fundamental Principles. Assimilating and practicing those Principles helps us awaken awareness and understanding of spiritual Truth. This "first phase" course encourages students to enter into that awakening and understanding so that they can apply the principles in their everyday lives and experience the "first fruits" of spiritual understanding.

SPD 105 Meditation Practices

Dr. Mary Fehr, LUT

Regular meditation has many mental and physical benefits and there are many effective ways to meditate. This course explores the practice and the experience of various forms of meditation. Benefits of the various forms of meditation will be explored as well as methods to deal with resistance to meditation. There will also be helpful tips for developing a regular meditation practice. Practicing the Silence, Unity's meditation practice, will be the primary meditation practice for the duration of the course.

**February 5 - 9 | Sunday, Monday, Tuesday, Thursday
6:00 pm - 8:30 pm**

SCS 125 The Quantum Christ

Rev. Sheila Gautreaux

Students will experientially engage their own beliefs about "Jesus Christ" and the Christ idea using the Bible as the primary text. This class will include bible interpretation skills as well as meditative practice using Nature as a metaphor for the embodiment and expression of the Christ through humanity. Each student will explain their own experience of the Christ within themselves and others. This course is available for S.E.E. Credit for "The Christ."

TAS 105 The "I" of the Storm (El ojo del huracán) — en Español

Rev. Claudia Olmos

Mejora la autoconciencia, tu inteligencia emocional y sé más eficaz en tus relaciones, incluyendo la relación contigo mismo. Esta clase se basa en el libro *The I of the Storm*, del Rev. Dr. Gary Simmons. El objetivo no es crear un grupo de estudio del libro, sino que participes en una serie de actividades exploratorias que te ayudarán a descubrir qué circunstancias actúan como detonantes y a aprender nuevas maneras de responder. En lugar de reaccionar inconscientemente, podrás responder desde la compasión, el equilibrio y la armonía.

SCS 100 Bible Overview: Hebrew Scriptures

Cris Perez, LUT

The Hebrew Scriptures (known as the "Old Testament" in the Christian world) are at the root of three major world religions—Judaism, Christianity, and Islam. Hebrew Scriptures are a collection of fascinating and sometimes confusing stories, poetry, wisdom sayings and inspired visions. While some stories in Hebrew Scriptures are little known outside scholarly circles, others have become commonplace in conversation, e.g., "David vs. Goliath." Students will explore the history and development of Hebrew Scriptures, thereby acquiring a solid foundation for continuing study and exploration.



Sunday, February 5, 1:30 PM - 3:30 PM

SPECIAL WORKSHOP

Discover Your Power, Claim Your Wholeness, and Heal Your Life

Presented by Rev. Linda Martella-Whitsett | \$30

Have you ever had that nagging feeling of something wanting to come out into the light of day to be noticed, honored, and healed? We will encourage you and convince you that you are never powerless; you are powerful. You can distinguish between "I feel" and "I am." You can heal at the level of thought. You can pivot between intellectual and intuitive wisdom. You can discover your power, claim your wholeness, and heal your life. Let's begin.

Wednesday, February 8th, 7:00 PM

Join us for Wednesday Night Satsang Service

Rev. Linda Martella-Whitsett Presenting

Silent Unity: The Light That Shines for You

From the 7th leader of Silent Unity, Unity's global prayer ministry starting in 1890, learn of the magnificent vision of Unity co-founder Myrtle Fillmore to pray with everyone who asks for prayer support. Find out how you can connect with Silent Unity any time day or night.

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