

Spiritual Education and Enrichment
HTS110 – Metaphysics 2
10 Hours
Unity of Houston Online Course

Instructor	Rev. Jeanmarie Eck, jeck@unityhouston.org
Required Texts	<i>Heart-Centered Metaphysics</i> , by Paul Hasselbeck <i>Applying Heart-Centered Metaphysics Workbook</i> , by Paul Hasselbeck and Cher Holton
Recommended Reading	<i>The Revealing Word</i> , by Charles Fillmore <i>Talks on Truth</i> , by Charles Fillmore <i>Lessons in Truth</i> , by H. Emilie Cady <i>Point of Power</i> , by Paul Hasselbeck

Course Description

During this course, you will explore some of the fundamental Principles of Spiritual Law and how they can be applied to your life for greater love, health and prosperity. By studying the quotes of prominent Unity writers, as well as specific metaphysical and theological views, you will be encouraged to awaken your awareness and understanding of spiritual Truth. Through the consistent use of these practical principles, you will realize more of your spiritual potential and find that your life is transformed!

Topics explored in this class are:

- Beingness, Oneness, Divine Mind
- The Spiritual Universe and the Physical Universe
- The Divine Paradoxes
- The Trinity
- Evil, Sin, and the Devil
- Jesus, the Christ, Jesus Christ, Christ Jesus
- The Threefold Nature of Humankind (Spirit, Soul and Body)
- The Three Phases of Mind (Superconscious, conscious and subconscious)
- Personality/Individuality

Learning Objectives

Students will be able to:

- Define and explain some of Unity's commonly held metaphysical principles and ideas as outlined generally in the course description and more specifically in the “what you need to know” section.
- Understand how to apply these metaphysical principles and ideas in their own lives.
- Experiencing the application of at least one Principle or idea as presented in class or from the book.

Instructor

Rev. Jeanmarie Eck, MDiv, MFA, LUT gratefully serves as Associate Minister at Unity of Houston. She oversees Adult Education, Licensed Unity Teachers and candidates and ministerial candidates, as well as leading Unity Moms. She leads Wednesday Night Satsang services, performs weddings, christenings, memorials, New Life Blessings, and Pet Blessings, and offers spiritual direction and spiritual counseling. She holds a Master of Divinity from Unity Institute & Seminary and is a Licensed Unity Teacher in Adult Education. She also holds a Master of Fine Arts from the University of Mississippi, where she was an instructor and a Bachelor of Arts *summa cum laude* from Rollins College. She holds a Certificate in Spiritual Direction from Perkins School of Theology.

Jeanmarie is a regular contributing writer for Unity Blessing booklets, available at <https://www.unity.org/publications/booklets>. She currently serves on the Board of Trustees of Unity Worldwide Ministries. She lives in Houston with her husband David, their daughter Felicity and their rescue dog, Duchess.

Course Requirements and Assignments

1. Read chapters in the books prior class.
2. Participate in the classroom discussions.
3. Write a 500 - 800 word reflection paper sharing your insights and learnings from Section 2 of *Heart-Centered Metaphysics*. You will receive a handout on the last day of class explaining the final assignment requirements.

Send your paper electronically as a Word Document. Please make the paper double-spaced and at least 12 pt. type. The paper is due [February 18, 2022](#). ***Remember you must put your name, email address as well as the class name on the paper.***

Email address: jeck@unityhouston.org

IMPORTANT:

1. Papers not in the requested format or not with the requested personal information will be returned.
2. Papers unreasonably exceeding the word limit will be returned for editing.

3. If you have written your paper using Word, please feel free to put it as an attachment to your email. IF YOU DO NOT USE WORD, please copy and paste your paper that includes your contact info into the body of your email.

Student Evaluation

Grade Scale:

S Satisfactory – met all requirements: attended all 5 classes, completed all coursework and passed final assignment.

AU Audit – student is not seeking credentialing (no assignments required).

I Incomplete - Extension given due to extenuating circumstances, up to two months.

NC No Credit – did not complete final assignment within two months of end of course and/or did not meet attendance requirements.

10 course credits are granted on successfully completing the course.

Instructor's Commitment

I will come to class prepared to engage the class in the discussion of our metaphysical principles and ideas. I will create a safe and encouraging environment for the learner to grow and explore. I will read and comment on the papers. Please understand that this takes time and will be completed in a timeframe as my other work responsibilities allow.

Class 1	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Introduction and course overview. ➤ This is a course on Unity Metaphysics. While each individual's right to "their own beliefs" is supported and accepted, these beliefs are not the purpose of this course. Other points of view may be shared to help create an understanding of Unity's metaphysics. However, students should not be disappointed if their beliefs are not explored in this class. Further, students should not be surprised if Unity Metaphysics as presented in this course differ from their own beliefs and what might be commonly understood in their home church or center. ➤ The Adjacent Possible ➤ The language of Oneness – finding new ways to communicate Unity's theology and why. Students and instructor engage in a "game" during the entire 10 hours of course. During the class observe your own use of language and notice when other people use traditional language. Ask yourself how you heard what was said. Tweak the use of language as the class proceeds. For example: when another student uses the term "God," ask yourself if you heard an "outside, anthropomorphic Being" when the term was used. <p>2nd hour</p> <p>Review the Realms Model</p> <p>Assignment:</p> <ul style="list-style-type: none"> ➤ Rewind Technique as a Spiritual Practice ➤ Read <ul style="list-style-type: none"> Chapter 10 - Beingness, Oneness, Divine Mind Chapter 11 – The Spiritual Universe and the Physical Universe <p>Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material.</p>
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Class 2	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ Optional: 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Continue class discussion: Chapter 10 - Beingness, Oneness, Divine Mind <p>2nd Hour</p> <ul style="list-style-type: none"> ➤ Class discussions: Chapter 11 – The Spiritual Universe and the Physical Universe <p>Assignment:</p> <ul style="list-style-type: none"> ➤ The Lord's Prayer in the language of Oneness ➤ Read Chapter 12 - The Divine Paradoxes Chapter 13 - The Trinity Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material.
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Class 3	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Class discussions: Chapter 12 - The Divine Paradoxes <p>2nd Hour</p> <ul style="list-style-type: none"> ➤ Class discussions: Chapter 13 - The Trinity <p>Assignment:</p> <ul style="list-style-type: none"> ➤ The Remedy (pgs. 112-113) ➤ Read Chapter 14 – Sin, Evil and the Devil Chapter 15 - Jesus, the Christ, Jesus Christ, Christ Jesus <p>Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material.</p>
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Class 4	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Class discussions: Chapter 14 – Sin, Evil and the Devil <p>2nd Hour</p> <ul style="list-style-type: none"> ➤ Class discussions: Chapter 15 - Jesus, the Christ, Jesus Christ, Christ Jesus <p>Assignment:</p> <ul style="list-style-type: none"> ➤ Christ Consciousness or human consciousness? (Workbook pg. 48) ➤ Read Chapter 16 - The Threefold Nature of Humankind Chapter 17 - The Three Phases of Mind Chapter 18 - Personality and Individuality Discover the teaching, what is disagreed with and why, and determine if there are any questions about the material.
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Class 5	<p>1st hour</p> <ul style="list-style-type: none"> ➤ Opening Meditation ➤ Leftovers from the previous class ➤ 10 minutes - Discussion of how the practice went (in dyads and then a sharing of a few of the experiences to the entire class) ➤ Class discussions: Chapter 16 - The Threefold Nature of Humankind Chapter 17 - The Three Phases of Mind Chapter 18 - Personality and Individuality <p>2nd Hour</p> <ul style="list-style-type: none"> ➤ Continue Class discussions: Chapter 16 - The Threefold Nature of Humankind Chapter 17 - The Three Phases of Mind Chapter 18 - Personality and Individuality <p>Final Assignment:</p> <ul style="list-style-type: none"> ➤ See section E above in the syllabus.
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What You Need to Know

- What is the relationship of the physical universe to God/Divine Mind?
- What is (the) Christ?
- What is Jesus Christ?
- What is the traditional trinity, Unity's trinity, and the metaphysical trinity?
- What is the threefold nature of humankind? Define each of the three.
- What are the three phases of mind/Mind? Define each one. Define each one in relation to the threefold nature of humankind.
- What is personality?
- What is Individuality?
- What is Unity's first premise about God?
- What is evil?
- Is all manifestation good?
- What is temptation?
- What is sin?
- What is Heaven?
- What is hell?
- What is the metaphysical interpretation of Jesus?
- What is atonement?
- What is the devil? Satan?