



Syllabus

HTS 135 Healing & Wholeness

Course Overview

Course Instructor

Name	Rev. Sonja Perez, Ph.D.
Virtual Office Hours	By appointment
E-Mail	sonjazperez@yahoo.com
Response Time	Within 24 hours, business days
Policy	

Course Description

Unity began with a spiritual healing that was mediated through mind by application of principles. The first healing was followed by others and eventually Silent Unity and Unity Centers emerged. The healing practices and principles developed and applied by Myrtle and Charles are the basis of this course. Students will be working with the Fillmore's teachings on healing and wholeness, as well as with historical and contemporary master teachers. The principles will be presented to support students in developing a practical understanding of Unity theology as "heart-centered meta-physics."

Course Learning Objectives

Upon completion of this course, learners will be able to:

1. Analyze, interpret, and explain the essential elements of Myrtle and Charles Fillmore's theology while developing a personal understanding of healing, wholeness, curing and health.
2. Examine and use current language to express concepts of healing and wholeness.
3. Illustrate key aspects of the Source of Healing.
4. Explain the significance of prayer, the Silence and meditation in relationship to healing and wholeness.

Required Text/Readings

- *How to Let God Help You* by Myrtle Fillmore (HGHY)
- *Healing Letters* by Myrtle Fillmore (HL)
- *Christian Healing* by Charles Fillmore (CH)

Recommended Text/Readings

- *Jesus Christ Heals* by Charles Fillmore
- *The Quest for Wholeness* by Robert Brumet
- *Mind Over Medicine* by Lissa Rankin, MD

Live Collaborate Class Sessions:

Monday-Friday, 8:30 – 10:20 am All times Central Time (CT) Zone

July 26, 27, 28, 29, 30, 2021