

Syllabus HTS-100 Foundations of Unity

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Assignments and Expectations:

- Read chapters in the books **PRIOR** to class.
- Participate in the classroom discussions.
- READ Lesson One from *Lessons in Truth* **BEFORE** the first day of class.

Course Description

Building consciousness, knowledge and skills in any endeavor begins with learning the foundational principles. This course is designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths. Students will explore foundational principles from *Lessons in Truth*, *Discover the Power* and other texts. They will also learn how to integrate the foundational principles into daily life.

Course Learning Objectives

Upon completion of the course, students will have had a cursory introduction to some of the foundational teachings of Unity and will be able to:

- Understand what consciousness is, as well the four functions and four levels of consciousness
- Identify, reflect upon and explain the reasons for humankind's state of bondage.
- Describe the nature of God (principle and personal)
- Describe the three-fold nature of humankind
- Articulate and define Unity Meditation and Affirmative Prayer
- Engage with the teachings of Jesus as reported in the Gospels

Required Readings

Selected chapters, available for download here:

https://www.dropbox.com/sh/qyux9f44alpp1e9/AADxoo5WnVqyquEgolwU3_O7a?dl=0

Academic Performance

S: Satisfactory = 75 - 100%

NC: No Credit = 0 - 74%

AU: Audit – student is not seeking credentialing (no assignments required).

I: Incomplete – waiting for completion of one or more assignments. Given by approval of the Instructor due to urgent and unusual circumstance in the life of the participant

Graded Assignments

It is important to complete your assignments on or before the due dates. NOTE: If you experience an emergency and are unable to complete your assignments on time, contact your instructor.

Module 1: What Is Consciousness

DAY 1 - Monday

Module 1 Assignments	Due Date
<p>Reading(s) - PRIOR TO FIRST CLASS</p> <ul style="list-style-type: none"> • <i>Lessons in Truth</i>, Lesson One: Bondage or Liberty, Which? 	<p>PRIOR TO CLASS</p>
<p>Zoom Class #1 Session</p> <ul style="list-style-type: none"> • Review Syllabus • What is consciousness • Four functions of consciousness • Four levels of consciousness • Discussion of LIT reading - BONDAGE • Review homework due for DAY 2 	<p>DAY 1 MONDAY</p>
<p>HOMEWORK</p> <ol style="list-style-type: none"> 1. Read Ch 2, <i>Discover the Power Within You</i> “The Great Discovery” 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> Lessons 1-7 for the term “GOD IS” <ul style="list-style-type: none"> • Email to the instructor 3. Be prepared to discuss readings 	<p>DAY 2 TUESDAY</p>

Join Zoom Meeting

<https://us02web.zoom.us/j/86249157938?pwd=S01YbW5RMG5YZExnciRwZFpvZEIfUT09>

Meeting ID: 862 4915 7938

Passcode: 179384

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Module 2: Nature of God & Nature of Humankind

DAY 2 - Tuesday

Module 2 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Ch 2, <i>Discover the Power Within You</i> “The Great Discovery” 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> Chapters 1-7 for the term “GOD IS” <ul style="list-style-type: none"> • Email to the instructor 	<p>DAY 2 TUESDAY</p>
<p>Zoom Class #2 Session</p> <ul style="list-style-type: none"> • Review reading and “GOD IS” term search • What is the nature of God • What is the nature of humankind • Threefold nature of humankind, historically and contemporary • Review homework due for DAY 3 	<p>DAY 2 TUESDAY</p>
<p>HOMEWORK</p> <ol style="list-style-type: none"> 1. Read Ch 15, <i>Heart-Centered Metaphysics</i> “Jesus, The Christ, Jesus Christ, Christ Jesus” 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> Lessons 6-10 for the term “CHRIST” <ul style="list-style-type: none"> • Email to the instructor 3. Read Ch 4, <i>Discover the Power Within You</i> “Jesus’ Unique Concept of God 4. Be prepared to discuss readings 	<p>DAY 3 WEDNESDAY</p>

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Module 3: Jesus According to the Gospel Writers

DAY 3 - WEDNESDAY

Module 3 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Ch 15, <i>Heart-Centered Metaphysics</i> “Jesus, The Christ, Jesus Christ, Christ Jesus” 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> Chapters 6-10 for the term “CHRIST” <ul style="list-style-type: none"> • Email to the instructor 3. Read Ch 4, <i>Discover the Power Within You</i> “Jesus’ Unique Concept of God 4. Be prepared to discuss readings 	<p>DAY 3 WEDNESDAY</p>
<p>Zoom Class #3 Session</p> <ul style="list-style-type: none"> • Review readings and “CHRIST” search • Historic writings about Jesus • Pitfalls of the Bible • Questions, concerns, appreciations 	<p>DAY 3 WEDNESDAY</p>
<p>HOMEWORK</p> <ol style="list-style-type: none"> 1. Read Lesson 6: FAITH in <i>Lessons in Truth</i> 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> Lessons 3-5 for the term “DESIRE” <ul style="list-style-type: none"> • Email to the instructor 3. Be prepared to discuss readings 	<p>DAY 4 THURSDAY</p>

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Module 4: Unity Meditation & Affirmative Prayer

DAY 4 - THURSDAY

Module 4 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Lesson 6 - FAITH in <i>Lessons in Truth</i> 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> Lessons 3-5 for the term “DESIRE” <ul style="list-style-type: none"> • Email to the instructor 3. Be prepared to discuss readings 	<p>DAY 4 THURSDAY</p>
<p>Zoom Class #4 Session</p> <ul style="list-style-type: none"> • Review readings and “DESIRE” search • Unity Meditation • Why Pray the Unity Way • Questions, concerns, appreciations 	<p>DAY 4 THURSDAY</p>
<p>HOMEWORK</p> <ol style="list-style-type: none"> 1. Read Chapter 8 in <i>Discover the Power Within You</i> “Law of Nonresistance” 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> for the term “HOLY SPIRIT” <ul style="list-style-type: none"> • Email to the instructor 3. Be prepared to discuss readings 	<p>DAY 5 FRIDAY</p>

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Module 5: Manifestation & Demonstration

DAY 5 - FRIDAY

Module 5 Assignments	Due Date
<p>Reading(s)</p> <ol style="list-style-type: none"> 1. Read Chapter 8 in <i>Discover the Power Within You</i> “Law of Nonresistance” 2. Using the Word document “Specific Terms_FOU_2021” follow the instructions and search <i>Lessons in Truth</i> for the term “HOLY SPIRIT” <ul style="list-style-type: none"> • Email to the instructor 	<p>DAY 5 FRIDAY</p>
<p>Zoom Class #5 Session</p> <ul style="list-style-type: none"> • Review readings and “HOLY SPIRIT” • Supply & Demand • Divine Order = Mind, Idea, Expression • Denials & Affirmations • Questions, concerns, appreciations 	<p>DAY 5 FRIDAY</p>

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FINAL PAPER: Write 1000 word paper based on what you have learned – you’re “a-has” and your “duh-has!” Include how you might use this new awareness of the Unity teachings. In the paper, describe the idea, what happened, what you learned, and how this will change your life.

DUE _____

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