



Multimedia Sneaker Craft

All Ages

Before class—

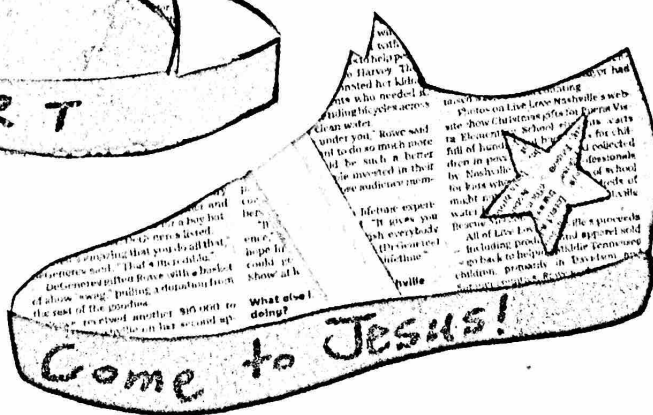
1. Check the supply list.
2. Make a sample Multimedia Sneaker craft.
3. Prepare supplies for each child.

Instructions—

1. Help students select which template they prefer.
2. Use the chosen templates to trace and cut shoe parts.
3. They can use construction paper, wrapping paper, magazines and newspapers. Encourage them to mix it up. Use completely different designs for tracing and cutting the shoe parts.
4. Assemble shoe using double-sided tape or glue sticks.
5. Decorate with Winning Words, Goal phrases, Scriptures, and stickers.
6. Use watercolor paint to add definition to the shoe.
7. Add a blade runner to the bottom of the high top if making an ice skate.



High top sneaker



Low top sneaker



Ice Skate
See ice skate
template on page 33

Goals (for all shoes)

Participants will:

- Be inspired to get in the race and stay in the race.
- Have fun creating their own designs.
- Think about the Memory Verse.
- Be encouraged to bring good news

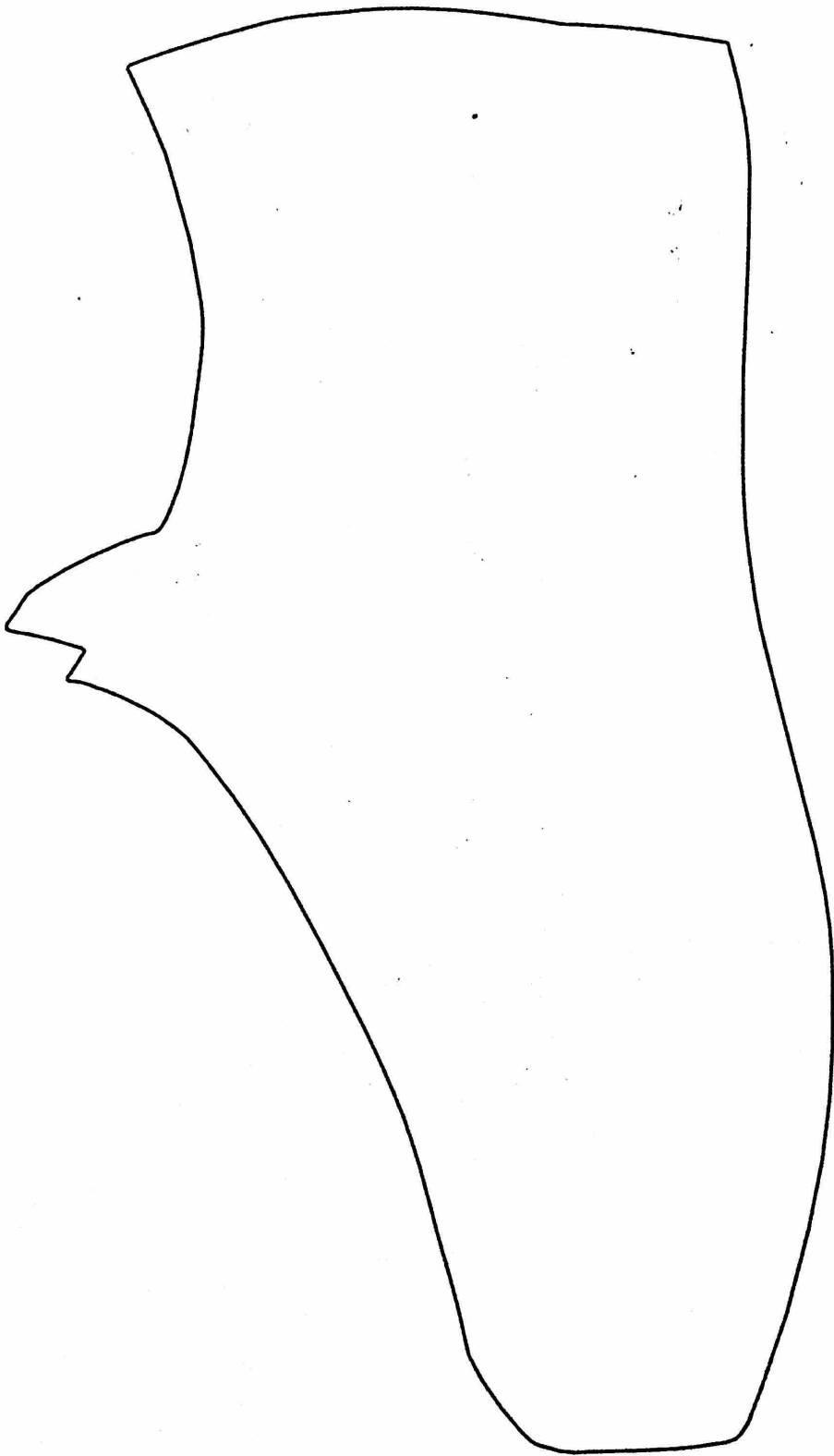
Supplies

- Templates
 - \$ high top sneaker, page 9
 - \$ low top sneaker, page 8
 - \$ ice skate, page 33
- Scissors
- Magazines
- Newspaper
- Construction paper
- Colorful wrapping paper
- Watercolor paint
- Paint brushes
- Double-sided tape
- Glue sticks
- Stickers for decoration
- Markers

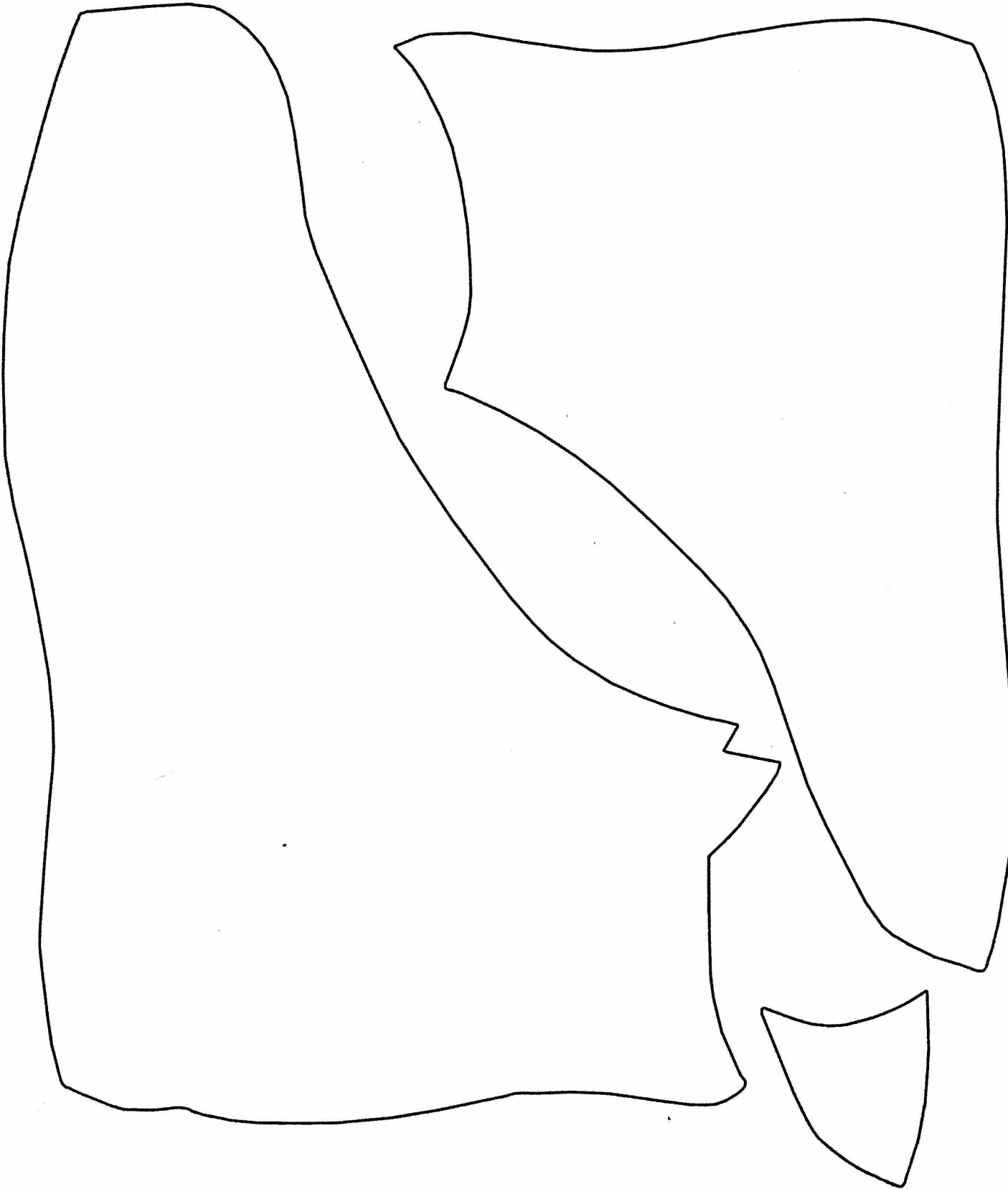
Notes

Jesse Owens and Usain Bolt connect to the Bible lesson through track, running. Both competed in Berlin, Germany. Despite racist maltreatment in both Nazi Germany and Jim Crow U.S.A., Jesse Owens won Olympic gold in 1936, proving that black people can perform with excellence. Usain Bolt set his fastest record in 2009 in Berlin. He also overcame doubts that his height would prevent him from competing successfully. Bolt is a "Bible-believing, God-fearing and honoring, Jesus-worshipping Christian."

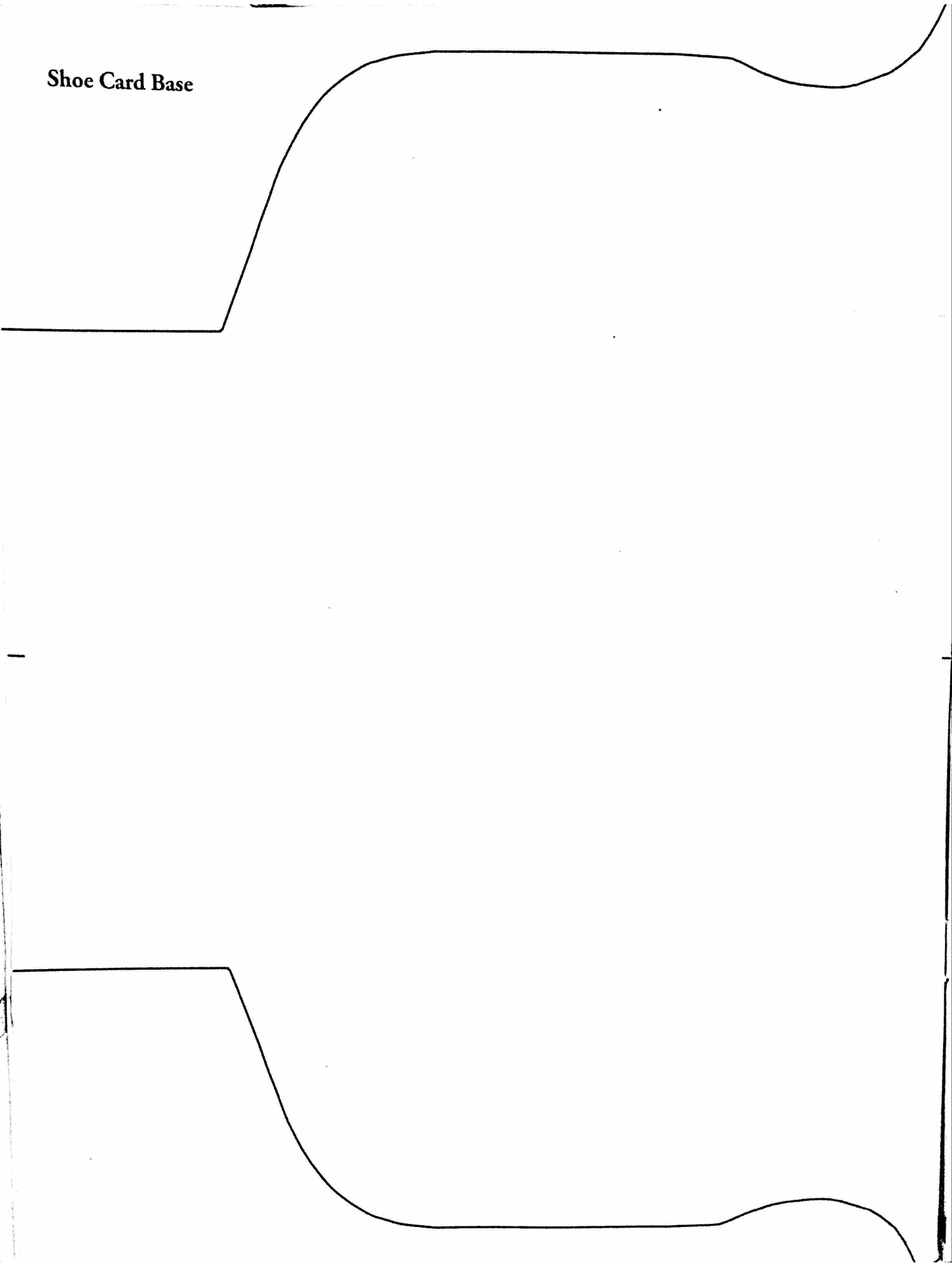
Low top sneaker template



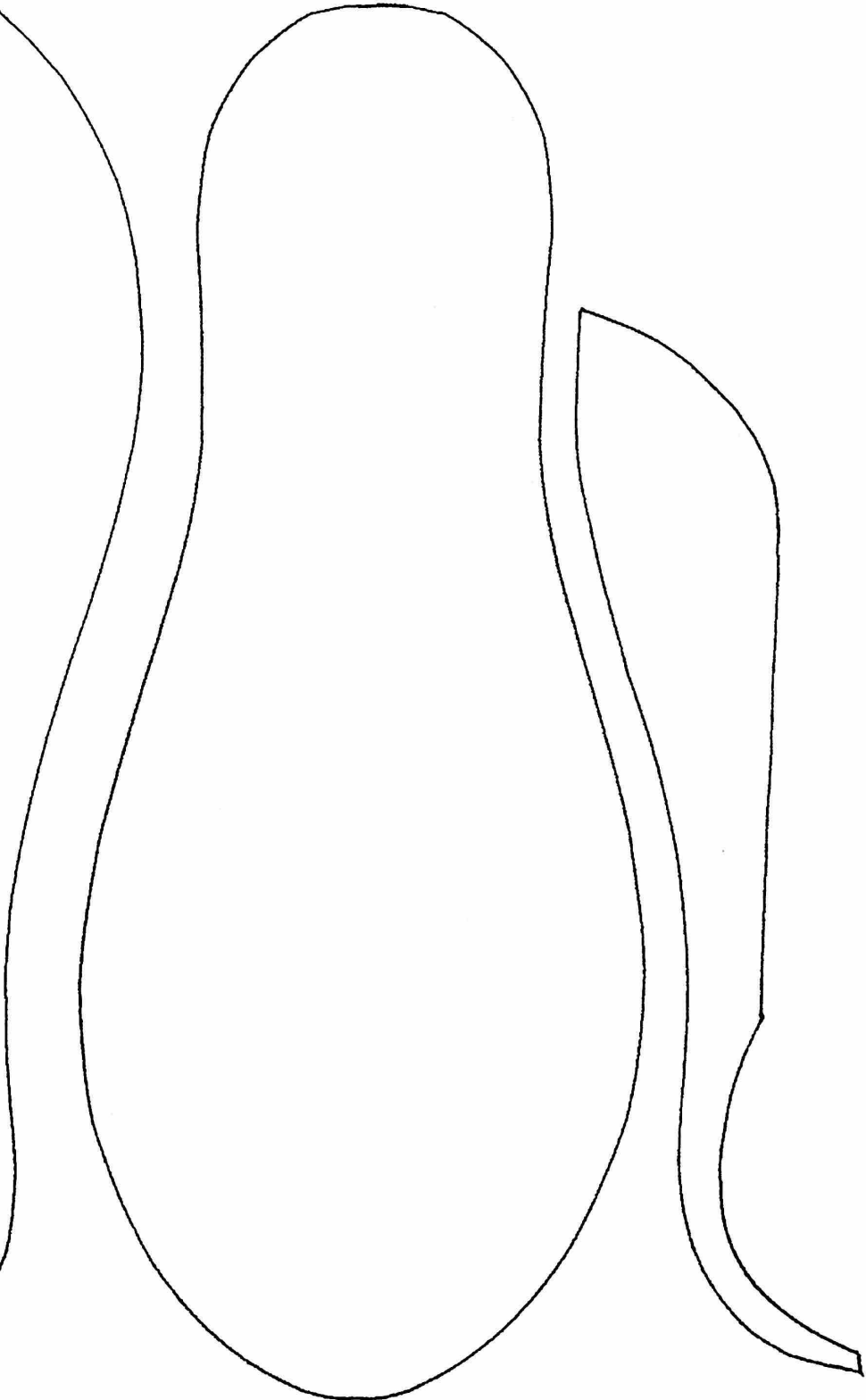
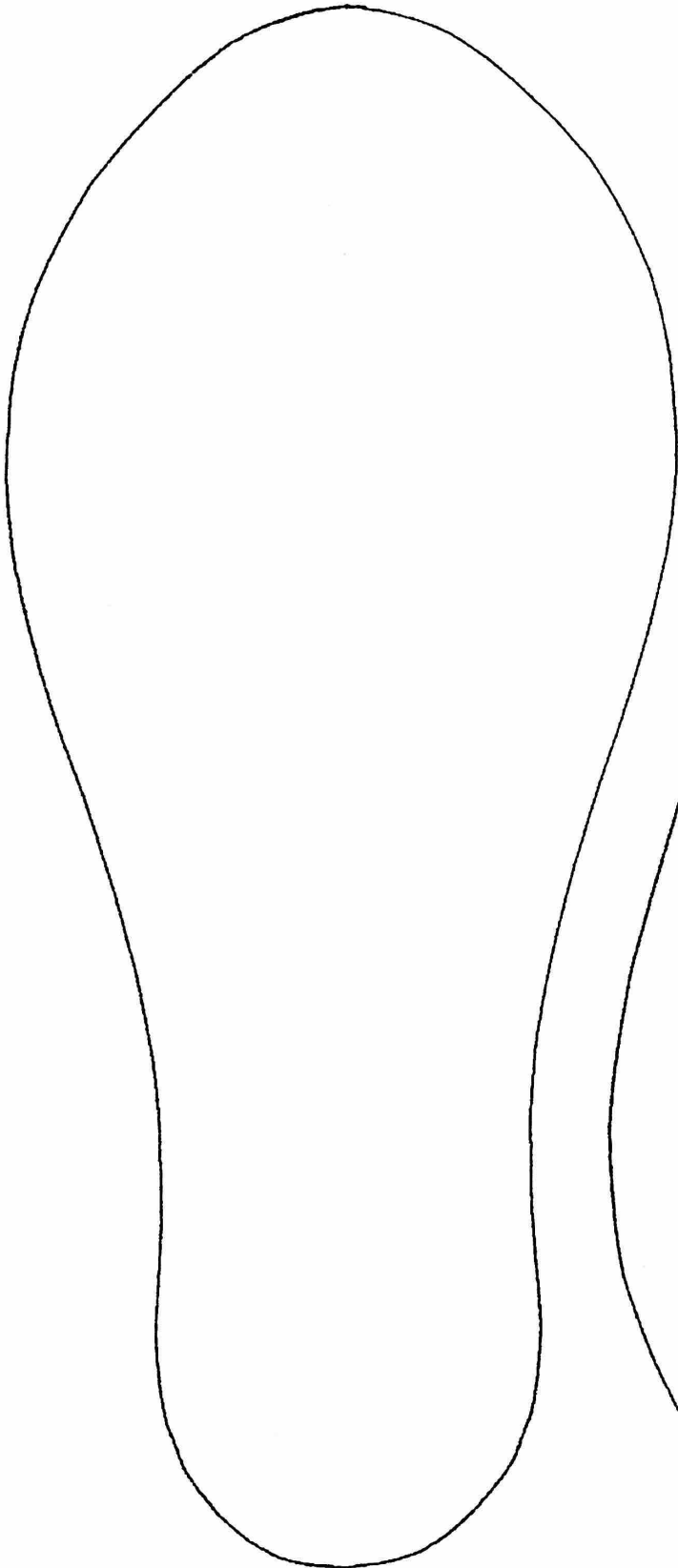
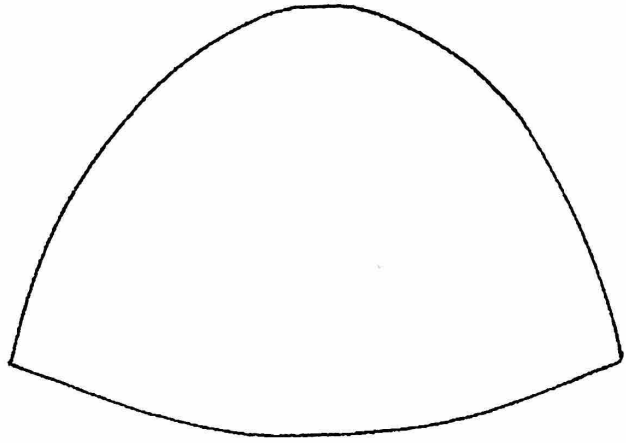
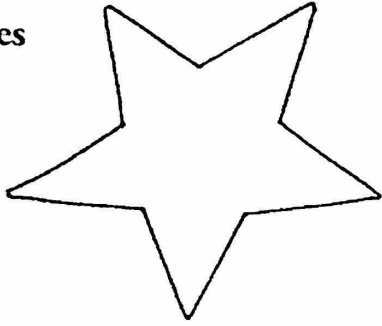
High top sneaker template



Shoe Card Base



Shoe Card Templates



Supplies

- 2 Templates, shoe card and shoe card base, page 10 and 11
- Card stock
- Scissors
- Pencil
- Color pencils, crayons, markers
- Permanent marker
- String, yarn
- Something to poke small holes for shoe lace
- Small hole punch
- Brads (if needed, to attach finished shoe to community art project)

Before class—

1. Check the supply list.
2. A how-to demonstration is online at abingdonpressubs.com; select Tools, then Free Resources. Check it out!
3. Make a sample of Get in the Race Shoe Card craft.
4. Prepare supplies for each student.
5. Photocopy a shoe card template and a shoe card base for each student.

Supplies

- Tortoise, hare templates, page 13
- Wrapping paper or brown package paper
- Scissors
- Pencil
- Black marker
- Ruler
- Invisible tape or double-sided tape
- Duct tape (4½" x 2" per project)
- Boxes (cake or pasta boxes)
- 8.5" x 11" white paper (3 per project)
- Straws (2 per project)

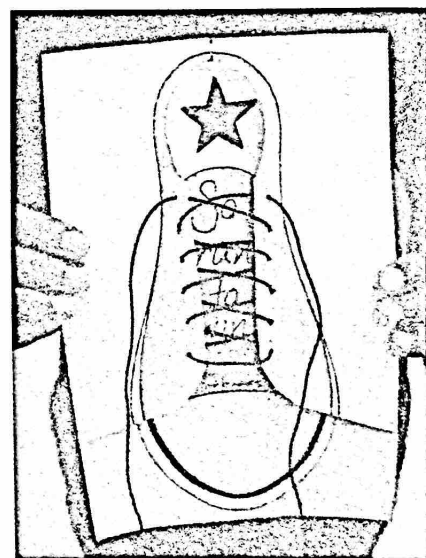
Before class—

1. Check the supply list.
2. A how-to demonstration is online at abingdonpressubs.com; select Tools, then Free Resources.

Get in the Race Shoe Card—All Ages

Instructions—

1. Trace and cut card base on 8½" x 11" card stock.
2. Fold each side of card to the center.
3. Cut card base according to the black lines.
4. Cut apart the 4 individual pieces (large shoe, small shoe, shoe toe, front flap of shoe) of the shoe card.
5. With card open: Using a fine tipped permanent marker,
 - a. Trace large shoe template centered on card.
 - b. Trace small shoe template centered on large shoe template.
 - c. Trace shoe toe lined up with center front of shoe.
6. With card closed:
 - a. Line up large shoe template and trace.
 - b. Trace small shoe template.
7. Make holes for string.
 - a. Place a ruler across the top of the upper flaps of the shoes to mark dots for where the holes will be, about one-half inch apart.
 - b. Poke 6 holes lined along the edge of each shoe upper.
8. Paint or color shoe upper on the outside of the card and shoe sole.
9. Cut 30" of string, then thread the string through the holes, making sure that the string is even on both sides.
10. Use permanent markers to add words: Get in the Race! 2 Samuel 18:19-32



Tortoise and Hare Puppet Box—All Ages

Instructions—Play #5 and/or #12 on the Music CD.

To prepare the box:

1. Open both ends of the box.
2. Cut wrapping paper 1" to 2" larger than the box.
3. Wrap and tape paper around the box with the ends open.

{Option: Rather than using wrapping paper, turn the box inside out and tape it back together.}
4. Mark all corners of the box ½" from the side and front.
5. Use scissors to poke holes where marked.
6. Use a ruler and marker to draw a line that connects these dots from top to bottom.
7. Insert straws from top to bottom through the holes.
8. Wrap the ends of the straws with duct tape to prevent the straw from slipping out of the box.
9. Use scissors to cut the slits on left and right front of the box.

To prepare the scroll

1. Cut white paper 3" x 8½" (3 per project).
2. Overlap paper ½" and tape end to end.
3. Trace and color the tortoise and hare templates.
4. Place the two templates on the scroll in this order:
 - Hare shown ahead of the tortoise
 - Tortoise still behind but closer to the hare
 - Tortoise shown ahead of the hare

Assemble

1. Thread the scroll from the left inside of the box to the box front.
2. Then insert the scroll from the outside right to the inside of the box.
3. Tape the end of the scroll to the straw.
4. Roll the scroll of paper around the straw on the right until the end of the paper on the left is even with the straw on the left.
5. Tape the end of the scroll to the straw on the left.
6. Close and tape the ends of the box closed.
7. Fold and tape the paper at the ends of the wrapping paper.

● **Goals**

Participants will:

- Learn an African folk story.
- Think about:
 - \$ the value of working with others
 - \$ the Memory Verse.
 - \$ what HONOR is.
- Enjoy seeing the end product, the tortoise and hare racing.

