



4 STEPS TO RADICAL FORGIVENESS

- 1. WOW! LOOK WHAT I CREATED!**
- 2. (IT SUCKS) I NOTICE MY FEELINGS AND JUDGMENTS AND LOVE MYSELF FOR HAVING THEM**
- 3. I AM WILLING TO SEE THE PERFECTION IN THIS SITUATION**
- 4. I CHOOSE THE POWER OF PEACE**



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