



Frequently Asked Questions For Hosts

What does it take to be a Spirit Group host?	Internet access, an email address and willingness to use the Spirit Group website. Also the ability to delegate tasks and facilitate discussions.
Do I have to attend training?	Yes. Several training dates will be offered. People who have hosted before are asked to attend to refresh skills and help and support new hosts.
Do I have to host in my home?	Most groups meet in the host's home. Groups can meet in other places such as offices and cafes. There are occasions when groups meet at Unity of Houston.
What content will we cover?	Some seasons all groups will be asked to use the same curriculum provided by or created with Spirit Groups. In the Fall for example, we have a church-wide program. Other seasons hosts may select their own area of interest.
What is in a Spirit Group curriculum?	Everything you need to facilitate – host videos, short videos for the group to watch, discussion guides and other materials.
Do I have to have technical expertise to use the Spirit Group online resources?	No. Willingness to learn is appreciated, and you are encouraged to get help, delegate and find people in your group with a variety of strengths and interests.
What support will I have after I agree to host?	Unity of Houston Program Leader Stacy Collins is available to help. Also there will be optional short host check-in meetings after the 11 a.m. Sunday service where hosts bring questions and suggestions.
Do I have to teach anything?	No. Unless a Spirit Group is specifically set up as a class, hosts are not teachers. The goal is for the group to share as equals.
Do I have to read a book to be a host?	No. Some curriculums will include a book, but summaries, videos and discussion guides are provided.
How will people sign up for my group?	Sign-ups are completed via the Spirit Group website. You will receive an email when a prospect expresses interest, and you can accept or decline the request.
Can I limit the number of people in my group?	Yes. See how many you can comfortably accommodate in your space.
What if I want to host but not facilitate?	That's fine. We can pair a host with a facilitator.
Do I have to make handouts?	No. Discussion guides are provided for you. You can choose to give those out or make your own handouts; however, that is up to you.
Do I need to make copies for my group?	No. If you want copies we can make them in the church office.
What if someone asks a question, and I don't know the answer?	Pose the question to the group and/or bring the question to the weekly host check-in.
What if I have to miss a meeting?	Discuss this with your group and make arrangements for other group members to fill your role.



Do I have to serve refreshments?	It is good to have refreshments, and hosts are encouraged to share roles and responsibilities among all group members.
Does my group have to do a service project?	Spirit Groups are encouraged to do one service project together at the end of the season. Unity of Houston will provide suggestions for projects on campus; however, groups may of course coordinate something elsewhere.